

Post Operative Instructions

For Arestin

Patient Instructions

1. No special preparation is necessary (except if you normally premedicate for your maintenance visits).
2. Avoid aspirin, aspirin products or vitamin E for 7 days prior to your dental appointment.
3. Arestin is syringed into the gum space (pocket) in 1 visit.
4. Following your appointment you can eat normally as soon as the numbness disappears (if any). Avoid foods that are hard, hot, spicy, salty, popcorn, peanuts, seeds, rice, crusty bread, pretzels and any food that will get caught between the treated teeth.
5. Brush the rest of your teeth as usual. Do not brush the teeth treated with Arestin for 12 hours. Do not floss or use toothpicks or other devices on the teeth treated with Arestin for 10 days following treatment. To keep the area clean rinse 4 to 5 times a day (1/2 teaspoon of Epsom salt in 8 ounces warm water).
6. Return in 7 to 10 days to check the area and remove the dressing (if one is placed). If the dressing falls off don't be concerned but still come back in 7 to 10 days for examination.
7. It takes at least 4-6 weeks for maximum effect of the cleaning plus Arestin. At that time Dr. Sarmiento will re-evaluate the improvement.

Should you have any questions or concerns please call our office at:

(212) 838-0940

If you are having a medical emergency of having difficulty breathing call 911.

* If at any time you have questions or concerns regarding your treatment please call our office.

Dr. Hector L. Sarmiento

Board Certified

Diplomate of the American Board of Periodontology

225 East 64th Street
New York, New York

O - (212) 838-0940

E - periodonticsnyc@gmail.com

Subway 

For more information please visit: www.drhectorsarmiento.com